

**There are only seven colors in the  
rainbow.  
Look what Nature has done with them**



**Kindness is in our power even when  
fondness is not.  
~Henry James~**



**Compassion is language the deaf can hear and the blind can see.  
~Mark Twain~**



**Carry a heart that never hates,  
a smile that never fades,  
And a touch that never hurts.**



**Today I bent the truth to be kind, and I  
have no regret,  
For I am far surer of what is kind than I  
am of what is true  
~Robert Brault~**



**Treat everyone with politeness,  
even those who are rude to you,  
not because they are nice but because  
you are.**



**Never look down on anyone unless you are helping them up.**



**A good character is the best tombstone.  
Those who loved you will remember.  
Carve your name on hearts, not on  
marble.**



**It's nice to be important but it's more important to be nice.**



**Today, give a stranger one of your smiles.  
It might be the only sunshine he or she sees all day.**

**If you want others to be happy, practice compassion.**



**I always prefer to believe the best of everybody. It saves so much trouble.  
~Rudyard Kipling~**



**Don't be yourself — be someone nicer.**



**Never miss an opportunity to make others happy,  
Even if you have to leave them alone in order to do it.**



**Love your enemies. It will confuse them greatly.**



**There is one word that may serve as a rule for all one's life: Reciprocity.  
~Confucius~**



**Grownups know that little things matter  
and that  
Relationships are based on respect.**



**Don't wait for people to be friendly.  
Show them how.  
~Henry James~**



**The most important trip you may take in  
life is  
Meeting people halfway.  
~Henry Boyle~**



**When I was young, I admired clever  
people.  
Now that I am old, I admire kind people.  
~Abraham Heschel~**



**If we should deal out justice only in this  
world,  
Who would escape?  
No, it is better to be generous  
For it gains us gratitude.  
~Mark Twain~**



**Be tender with the *young*,  
compassionate with the *aged*,  
And tolerant of the *weak*...  
Because someday in your life  
You will be all of these.  
~George Washington Carver~**



**You can't live a perfect day  
without doing something for someone  
who will never be able to repay you.  
~John Wooden~**



**If those who owe us nothing gave us  
nothing,  
How poor we would be.  
~Antonio Porchia~**



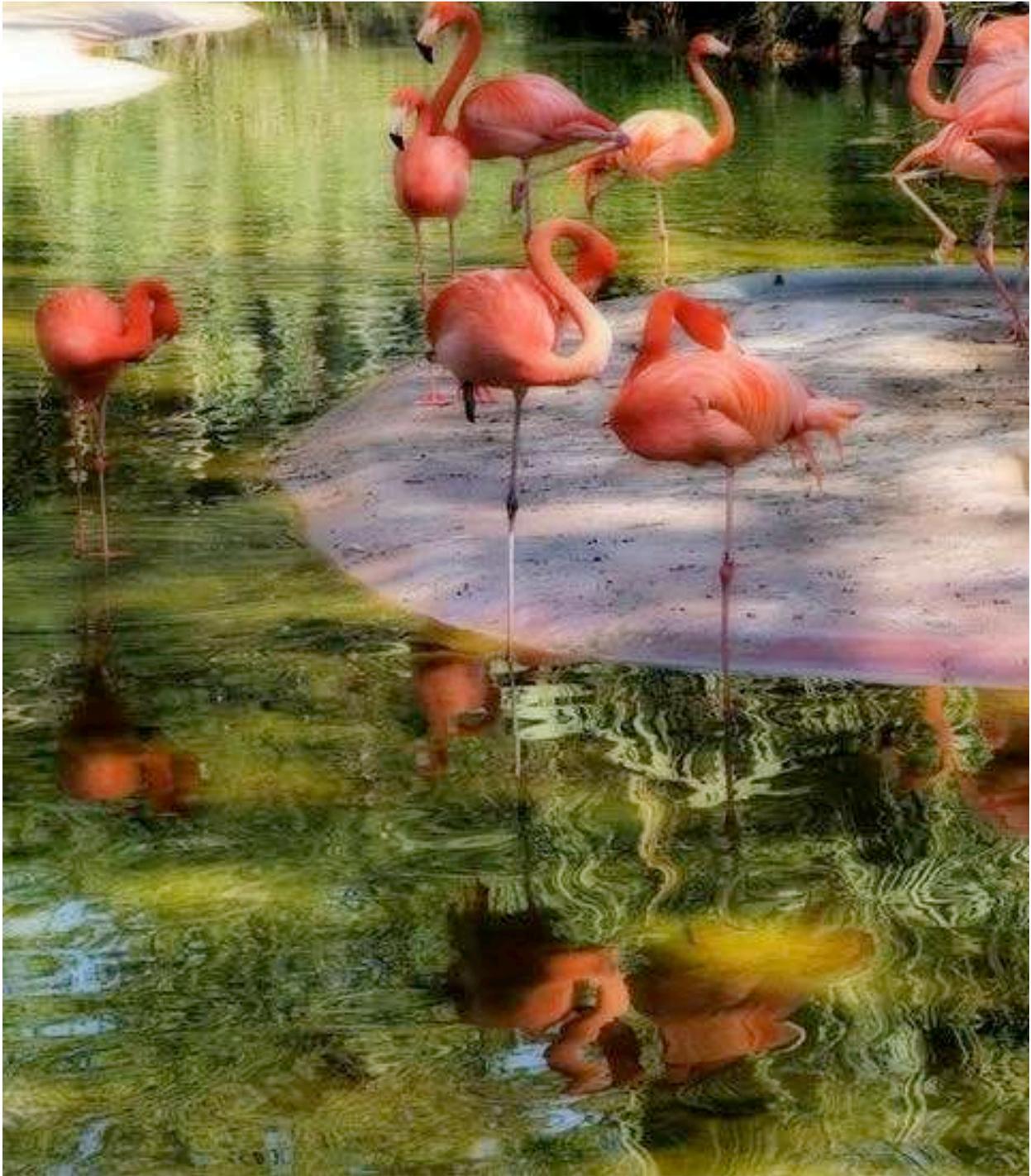
**You cannot do a kindness too soon for  
you never know  
How soon it will be too late.  
~Ralph Waldo Emerson~**



**By swallowing evil words unsaid,  
no one has ever harmed his stomach.  
~Winston Churchill~**



**Real generosity is doing something nice  
for someone  
Who will never find out.  
~Frank A. Clark~**



**We have two ears and one mouth so that  
we can listen  
Twice as much as we speak.**

**~Epictetus~**



**Don't let those who take advantage of  
your generosity  
Stop you from being generous.  
~Author unknown~**



**Be a rainbow in someone else's cloud.  
~Maya Angelou~**



**In a world full of people who couldn't  
care less,  
be someone who cares more.  
~Author unknown~**



**Love thy neighbor,  
and if it requires that you bend the truth,  
The truth will understand.**

